

Nursery Curriculum Outline

2ND TERM

2022 - 2023

Lahore Grammar School

31 F.C.C.

Gulberg IV



Screen Time

Dear Parents,

In this age of technology and digital connectivity, we understand the challenges you face in managing your children's screen time. While screens have become an integral part of our daily lives, it is important to strike a balance and encourage healthy habits in our young ones.


According to researchers and experts, young children should have no more than one hour of screen time per day. Too much exposure to screens reduces child's ability to control their emotions. It also detracts from activities that help boost their brain power, like playing and interacting with other children. Limiting screen time will have a beneficial effect on their physical, cognitive, and social development while teaching them the importance of real-life interactions.

Here are some guidelines:

- Set clear rules at home about how much screen time is allowed.
- Use parental controls to limit the types of content your child can access because the internet is filled with unfiltered potential for kids to be exposed to harmful interactions like bullying and harassment, as well as inappropriate content.
- No exposure to devices or screens one hour before bedtime.
- Utilize screen time to provide an opportunity to engage in informative games and activities.
- Do as you say! Modeling behaviour is the most powerful way you can influence. If you want your children to limit their screen time, demonstrate good habits yourself. Allocate specific periods for your device use and prioritize spending quality time with your family.

Remember, these suggestions are meant to guide you in establishing a healthy relationship between your children and screens.

Thank you for your attention and dedication to your children's well-being. Together, we can create a balanced and fulfilling environment for their growth and development.





SCREEN TIME FOR KIDS: new recommendations

The longtime "no screen time before 2" rule is out. Here are the latest recommendations from the American Academy of Pediatrics.

18
months
or
younger



No screens are still best.

The exception is live video chat with family and friends.

18
months
to 2
years



Limit screen time and avoid solo use.

Choose high-quality educational programming, and watch with kids to ensure understanding.

2 to 5
years



Limit screen time to an hour a day.

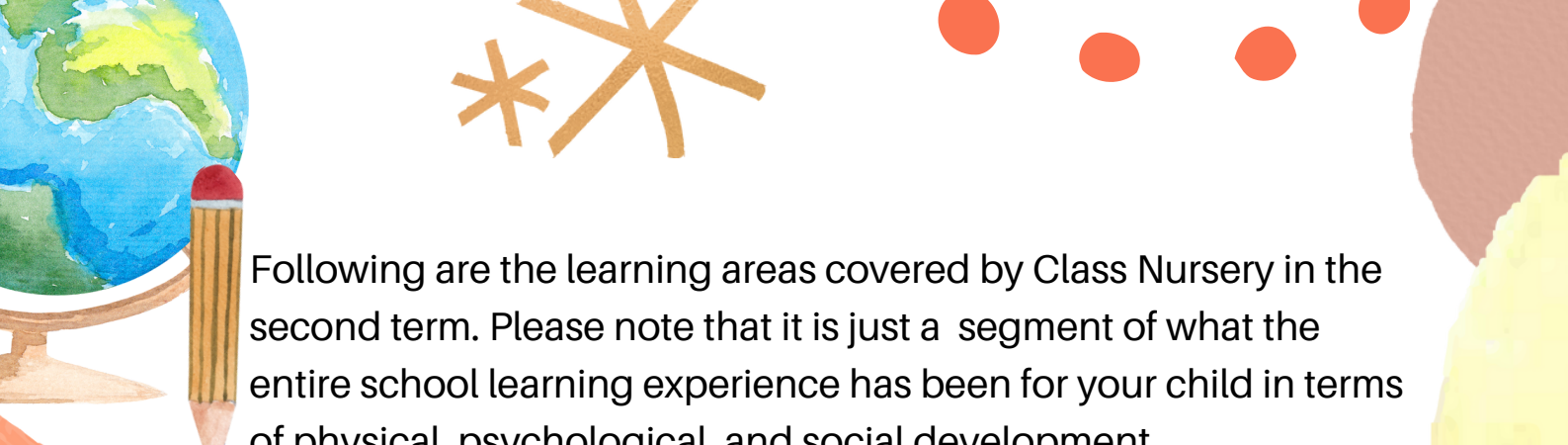
Parents should watch as well to ensure understanding and application to their world.

6 or older



Place consistent limits on the time spent and types of media.

Don't let screen time affect sleep, exercise or other behaviors.

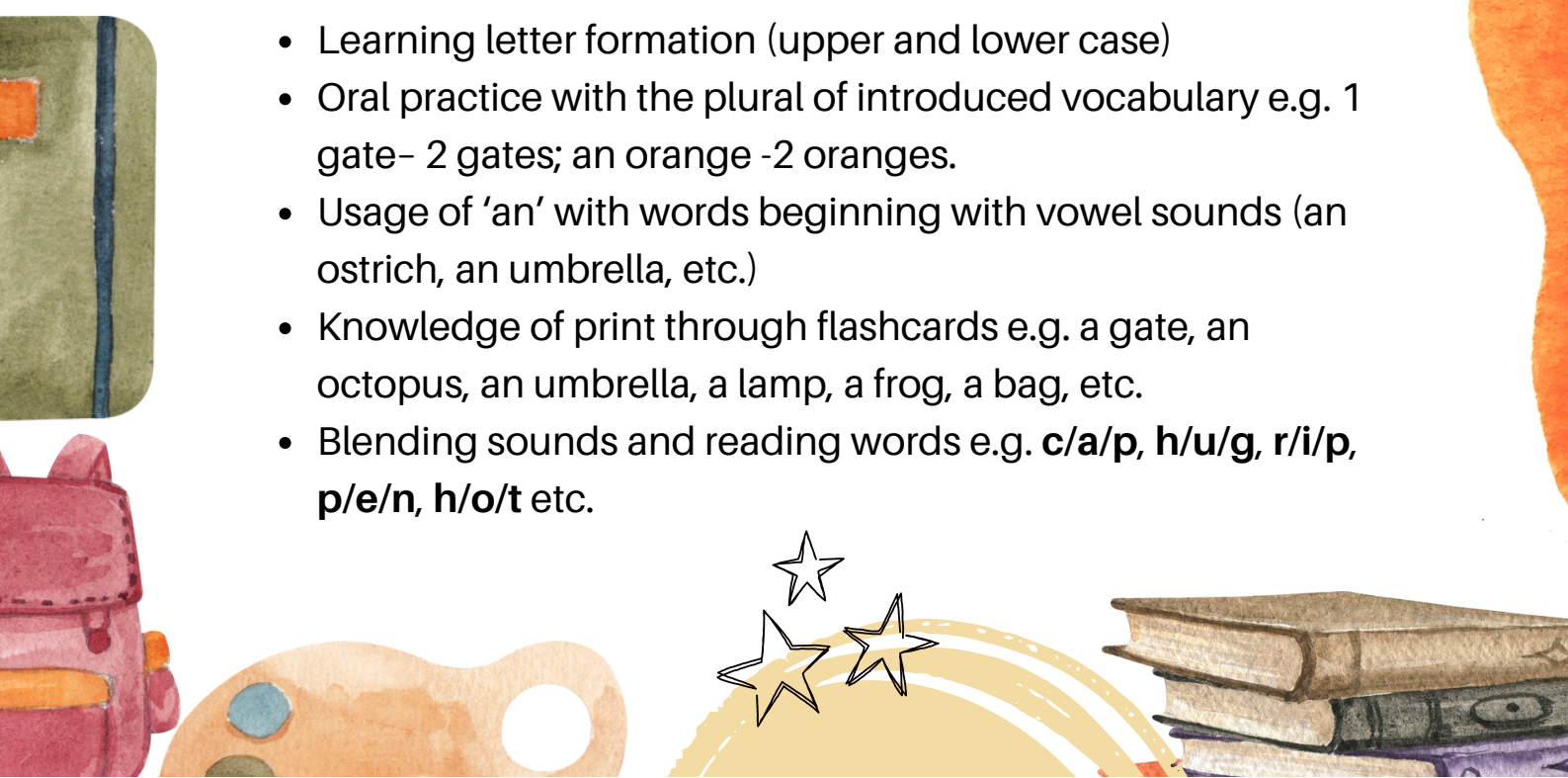


Following are the learning areas covered by Class Nursery in the second term. Please note that it is just a segment of what the entire school learning experience has been for your child in terms of physical, psychological, and social development.



ENGLISH

(Jolly Phonics)

- Reinforcement of **letter sounds**: **s, a, t, i, p, n, ck, e, h, r, m, and d.**
 - Sound recognition and vocabulary building: with the sounds **g, o, u, l, f, b, j, z, w, and y** with the picture-sound association, alliterations, riddles, poems, and rhyming words.
 - Learning the formation (lower case) **g, o, u, l, f** and **b.**
 - Jolly Phonics workbook: Pages **14 till 19, 21, 25, 26, 30, 41, 42 and 46.**
 - Introduction of **letter names** with reinforcement of sounds **Ss, Aa, Tt, Ii, Pp, Nn, Cc, Kk, Ee, Hh, Rr, Mm, Dd, Gg, Oo, Uu, Ll, Ff, Bb, Jj, Zz, Ww, and Yy.**
 - Picture-alphabet association, riddles, poems and rhyming words.
 - Learning letter formation (upper and lower case)
 - Oral practice with the plural of introduced vocabulary e.g. 1 gate- 2 gates; an orange -2 oranges.
 - Usage of 'an' with words beginning with vowel sounds (an ostrich, an umbrella, etc.)
 - Knowledge of print through flashcards e.g. a gate, an octopus, an umbrella, a lamp, a frog, a bag, etc.
 - Blending sounds and reading words e.g. **c/a/p, h/u/g, r/i/p, p/e/n, h/o/t** etc.
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Readers

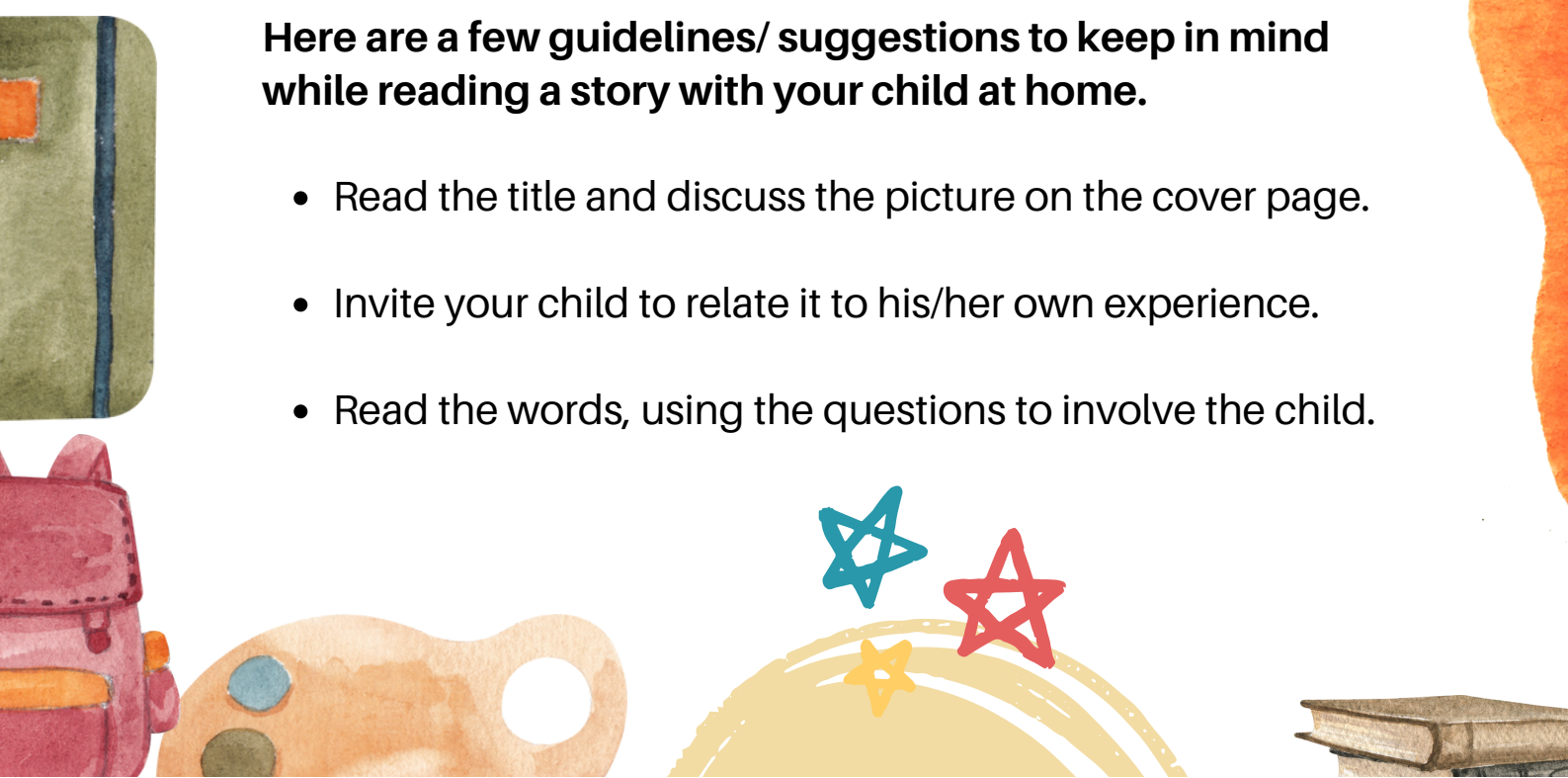





Jolly Phonics 'Little Word Books & BOB Books

(Scholastic) were introduced this term. These books provide a gradual and structured start for children who are just learning to read. Children had the opportunity to apply their letter-sound knowledge and enhance their comprehension skills. They were encouraged to predict what might happen next, empathize with the characters and relate the story to their own experiences.

Read-Alouds: The teachers have been reading storybooks to students in class throughout the term. Reading aloud is one of **the most important** things parents and teachers can do for their children and we are proud to inform you that read-alouds have been a regular feature in Nursery. Reading aloud builds many important foundational skills, introduces vocabulary, provides a model of fluent, expressive reading, and helps children recognize what reading for pleasure is all about.

Here are a few guidelines/ suggestions to keep in mind while reading a story with your child at home.

- Read the title and discuss the picture on the cover page.
 - Invite your child to relate it to his/her own experience.
 - Read the words, using the questions to involve the child.
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- Go through the book again, pointing out the phonetically blendable words and encouraging your child to re-tell the story in his/her own words.
 - Talk about the pictures. Point to the characters' faces to see and tell how they might be feeling.
 - Read the sight words in the book.

Word building: Reading blendable words such as:

ink, ant, tap, egg, fat, bus, bell, sick, frog, log, bus, flag, duck, plug etc.


Alliterations: e.g. a **g**iggling **g**oat, an **u**nhappy **u**mpire, an **o**range **o**ctopus, **l**azy **l**amb, **f**unny **f**rogs, **b**ouncing **b**alls etc.







Rhyming words: e.g. fun/run/sun; pen/ten/hen etc.

Tricky Words:

I, am, on, he, she, the, to, on, are, was, me, be, do, all, we, this, and

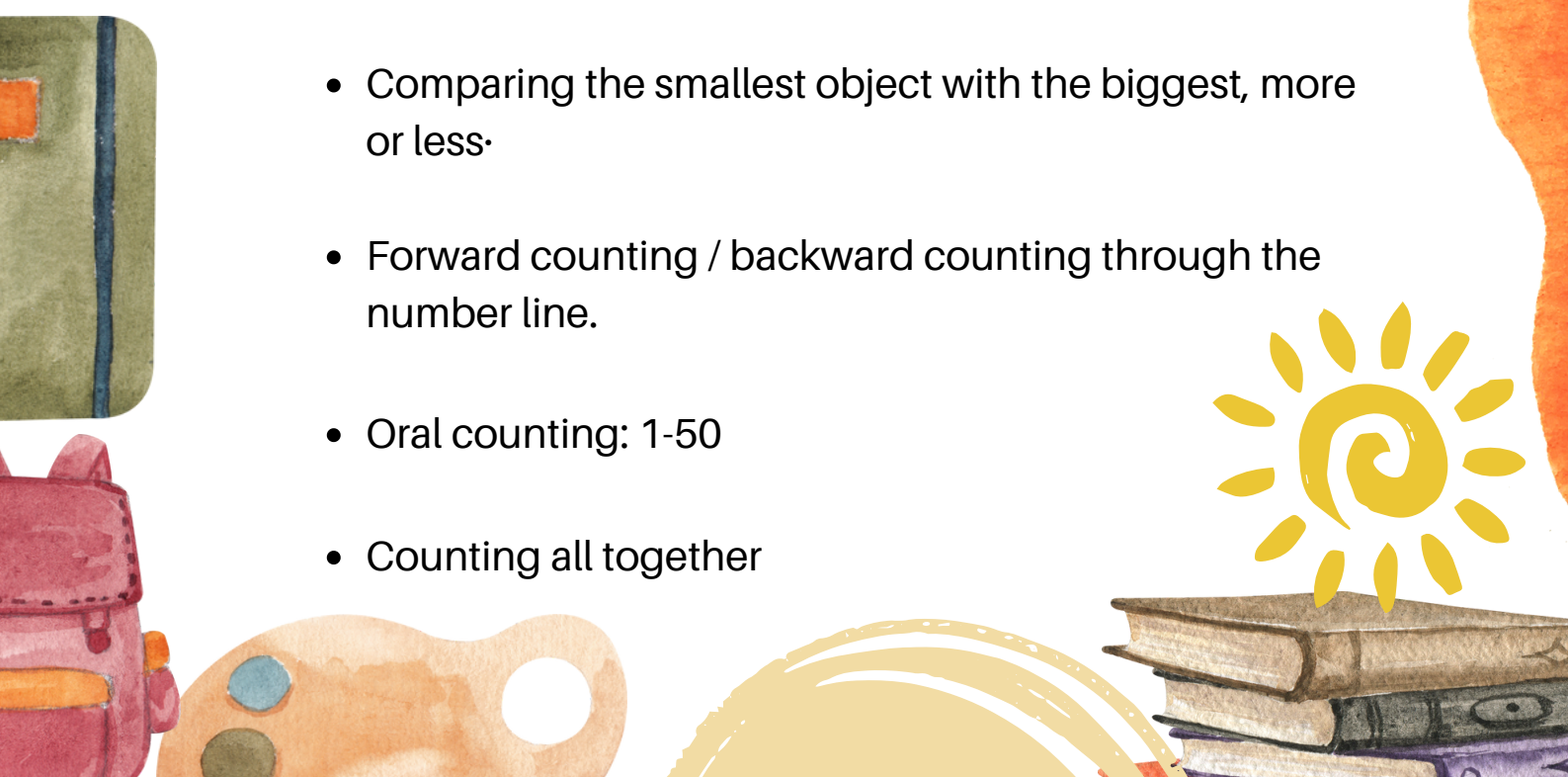


(Sight words are high-frequency words that children are likely to encounter in everyday language and text. These words need to be read at sight /recognised instantly. Many of these do not sound the way they are spelled)

- Sight recognition of colour spellings: **red, yellow, orange, green, blue, purple, pink, white and black.**
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Numbers

- Number recognition and formation 1-10.
 - Number value 1-10 (Concept of 10 through tying objects in a set of ten).
 - Recognition of number spellings (sight words: one, two, three, four, five, six, seven eight, nine, ten).
 - One more/one less, How many now?
 - Written work: numbers 1-10
 - Shapes: square, circle, triangle, rectangle, oval, diamond, star, and heart
 - Ordinal numbers: 1st, 2nd, 3rd, 4th, 5th, 6th, 7th, 8th, 9th, and 10th
 - Patterns: Sequencing, patterns (numbers/objects), matching, and sorting.
 - Comparing the smallest object with the biggest, more or less.
 - Forward counting / backward counting through the number line.
 - Oral counting: 1-50
 - Counting all together
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Numbers Concepts

Time Sequencing

Time sequencing through picture stories (morning, afternoon, evening, night, before and after), concept of the time-one hour, e.g. 9 o' clock.



Measurement

Measurement (Nonstandard units) hand span, foot span

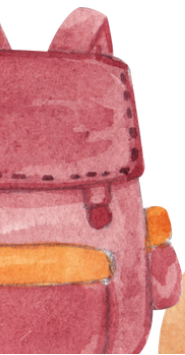
Capacity

Capacity (more/less, same) with different containers



Directions

left, right, up, down, forward, backward, and sideways



General Knowledge

Homes

Difference between a 'home' and a 'house'

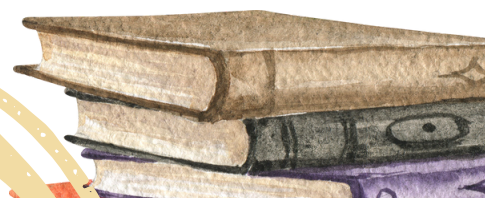
Rooms in a house.

Different animal homes (manmade and natural)

Types of homes around us (flats, bungalows, huts etc.)

Different materials used for building homes

People who help to build a house: **architect, mason, carpenter, electrician, plumber, sweeper, painter** etc.



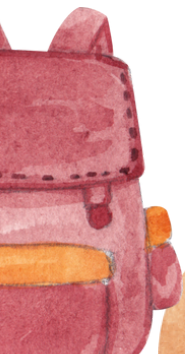
My Country

- National Anthem
- National Flag
- National Language
- National Dress
- National Game
- National Flower
- National Animal
- Foods we eat
- Important Landmarks
- Famous People of Pakistan



Seasons and Clothing

- Spring
- Summer
- Autumn
- Winter



Fantasy and Adventure

- Goldilocks and the Three Bears
- Three Billy Goats Gruff
- Gingerbread Man



3 Rs

- Reduce
- Reuse
- Recycle



اردو نصاب

کتاب اردو ریل

خ سے غ تک کا تعارف، پہچان، آواز، لکھائی اور
ذخیرہ الفاظ

اردو گنتی

ایک سے دس تک ہندسوں کی پہچان اور لکھائی
رنگوں کے نام کا تعارف

سفیر، سیاہ، جامنی،

نیلا، نارنجی

کلیدی الفاظ کی پہچان اور استعمال:

یہ، ہے، وہ، ہیں

ان تمام بنیادی تصورات کی مختلف سرگرمیوں
سے آگاہی دی گئی ہے

Straight from the Teachers' Hearts



I'm proud of you, my little crew.
It seems like yesterday when you were feeling blue,
but now you're confident and ready for something new.
Your curiosity and willingness have amazed me,
and your accomplishments have been a sight to see.
You've inspired me day in and out,
and I have no doubt that with your curious minds,
you'll conquer the world with all your finds.
But wherever you go, remember this in your mind:
Be humble, be respectful, and be kind.
Loads of love, Aunty Bushra

My lovely students,
I had an amazing time teaching all of you. I will always
remember you. Stay focused and remain purposeful. With
this, you will surely reach your goals.

Lots of love,
Aunty Saima

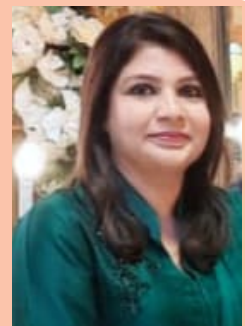


Dear Children,
Remember, you are all special and unique in your way,
and I am grateful to have had each one of you as my
student. Keep up the amazing work, and always believe
in yourselves!

Love,
Aunty Maria

This year has been memorable and exciting. You have
made me proud. I wish you all success and happiness in
the future.

Love you all,
Aunty Hira



Straight from the Teachers' Hearts

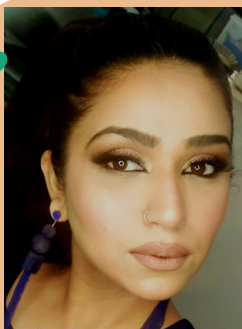
Your smiles, enthusiasm, and endless energy have brightened my days and made teaching a joyous experience. I will carry the memories we created together in my heart forever. Keep shining bright, my amazing stars!

Love,
Aunty Wajeeha



My dear little ones,
Never forget the moments we shared, the giggles during storytime, the excitement of field trips, and the magic of discovery. Carry those memories with you as you continue to learn, grow, and explore the world. Always be curious, ask questions, and never stop seeking knowledge.

With all my love,
Aunty Amna



Dear Students,
Thank you for allowing me to be a part of your journey for teaching me as much as I have taught you, and for always showing up with a smile on your face. I will always be here for you, cheering you on from the sidelines.

Love,
Aunty Zara

My lovely students.
It was a privilege to listen to your wonderful ideas. I thoroughly enjoyed your company. I wish you all the very best for your future endeavours.

With love,
Aunty Sobia



Straight from the Teachers' Hearts

Dear Students,

I would like you to know how incredibly proud I am of each and every one of you. Your smiles, laughter, and eagerness to learn have made our classroom truly a special space. Wishing you a fantastic summer and a future filled with happiness and success.

With love,
Aunty Masooma



As the school year comes to an end I've realized how much meaning my students have added to my life. They have taught me how to be patient and be better. It was a privilege teaching you all and I will miss every single one of you.

Love,
Aunty Zahra

